

ANTIPASTI

PIATTATA DI BRESAOLA E PARMIGIANO €11.40
Thinly sliced bresaola and rocket salad with ground black pepper, fresh lemon juice and Parmesan shavings.

ANTIPASTO MISTO €11.40
prosciutto di parma, bresaola, salame piccante with selected italian cheese, olives and sundried tomatoes

INSALATA PRIMAVERA €8.10
Mixed salad of iceberg, radicchio and rocket with sweet cherry tomatoes, red onions, artichokes, olives, sweetcorn and Italian dressing.

TONNO E FAGIOLI €9.80
Italian tuna salad with borlotti and cannellini beans, artichoke heart, sundried tomatoes and red onions, seasoned with extra virgin olive oil and fresh ground black pepper.

INSALATA DI PERA AL FORMAGGI €10.50
Fresh pear, rocket and melted gorgonzola cheese with a wild honey dressing, fresh strawberries and cracked walnuts.

PIATTATA DI PARMA E BUFALA €10.50
Parma ham, mozzarella di bufala with rocket, tomato and marinated olives.

INSALATA CAPRESE €9.90
Fresh buffalo mozzarella, sliced beef tomato, lemon grass and rocket.
Served with extra virgin olive oil, reduced balsamic vinegar and freshly ground black pepper.

BRUSCHETTE €9.90
1 x toasted ciabatta with chopped tomato, garlic, fresh basil, sea salt and extra virgin olive oil.
2 x toasted ciabatta served with houmous and taramasalata dips.
3 x marinated anchovies served with capers, black olives, cherry tomatoes and rocket.

CROSTINI €9.90
With Parma ham and mozzarella cheese.
With mozzarella cheese, anchovy and butter sauce.
With smoked salmon, cream cheese and chives.

OLIVE CONDITE €8.10
Portion of olives, marinated in garlic, chilli and fresh parsley, served with Parmesan cheese, rocket and garlic bread.

FOCACCIA & CIABATTA

All of our panino are seasoned with seasalt, fresh ground black pepper and extra virgin olive oil, served with a small chef salad.

CIABATTA

PARMA €7.75
SALSICCIA €7.75
ARROSTO €7.75
SPECK €7.75
FRITTATA €7.75
POLLO €7.75
SALAME €7.75
CAPRESE €7.75

Parma ham, mozzarella cheese, fresh tomato and fresh basil.
Italian sausage and grilled peppers with mayonnaise on the side.
Roast Italian ham, artichoke and rocket.
Smoked ham (speck) gorgonzola and rocket.
Frittata with cos lettuce and beef tomatoes.
Chicken fillet, mixed roasted peppers and mozzarella with mayonnaise on the side.
Salame piccante, provolone cheese and sundried tomatoes.
Mozzarella cheese, tomato and fresh basil.

FOCACCIA

FORMAGGIO €7.75
POLLO €7.75
TUNA €7.75

Goats cheese, aubergines, courgettes and sundried tomatoes.
Chicken fillet, gorgonzola, mushroom and rocket.
Italian tuna, fresh beef tomato, red onion, rocket and mayonnaise.

DALLA CUCINA – FROM THE KITCHEN

LASAGNA AL RAGU €10.25
Baked lasagne served with garlic bread.

MELANZANE ALLA PARMAGIANA €10.25
Fried aubergines baked in a tomato sauce and fresh basil.

POLPETTE E PASTA €10.25
Italian meatballs in tomato sauce.

TRAMEZZINO SANDWICH

Roast italian ham, asiago cheese, mayonnaise tomato and rocket. €7.30
Chicken, mixed lettuce and mayonnaise. €7.30
Tuna, tomato, sweetcorn, red onions, mayonnaise and rocket. €7.30
Artichoke, tuna, sundried tomato, mayonnaise and rocket. €7.30
Free range eggs, mayonnaise tomato and cos lettuce. €7.30

Choice of tramezzino, with a cappuccino of minestrone soup €7.30

PIADINA

Parma ham, cheese and rocket. €7.60
Spinach and asiago cheese. €7.60
Smoked salmon, black olive pate and butter. €7.60

COLD DRINKS

Science Gallery Mineral Water: 250cl 750cl
Still water €2.30 €6.60
Sparkling water €2.30 €6.60

Imported Italian sparkling water €2.70
Imported Italian still water €2.70
Coke 500ml €2.70
Diet coke 500ml €2.70
7up 500ml €2.70
Sparkling orange 500ml €2.70
Chinotto San Pellegrino €2.70
Aranciata amara San Pellegrino €2.70
Aranciata San Pellegrino €2.70
Limonata San Pellegrino €2.70
Iced tea: peach or lemon €2.70

COFFEE

	SMALL	LARGE
Espresso	€2.20	--
Espresso doppio	€2.95	--
Marocchino	€2.40	--
Cappuccino	€2.80	€3.30
Latte espresso	€2.80	€3.30
Mocha caffè	€3.00	€3.50
Hot chocolate	€3.00	€3.50
Americano	€2.50	€3.00

TEA

Pot per person
English Breakfast €2.30
Earl Grey €2.30
Assam Black €2.30
Darjeeling €2.30

SIDE ORDERS

Garlic bread €4.25
Marinated olives €4.25
Fresh pesto €3.30
Chef's mixed salad €4.95
Tomato and pesto salad €4.65

PASTRIES

Plain croissant €2.30
Almond croissant €2.80
Raisin danish €2.80
Pain au chocolate €2.80
Chocolate twist €2.80
Apple danish €2.80
Raspberry danish €2.80
Fruit scone with butter and preserves €2.30
Apricot danish €2.80

WINE

HOUSE WHITE
Per Glass €4.50
½ litre €10.50
Full Carafe €19.50

HOUSE RED
Per Glass €4.50
½ litre €10.50
Full Carafe €19.50

DESSERT

Please ask for menu

FRESH JUICES & SMOOTHIES

Please ask for menu